

Methodology

- Ipsos interviewed 4,680 adults aged 16+ across the UK through the online lpsos i-Say panel from the 19th April – 2nd May 2023.
- From these responses, we present nationally representative results from interviews with the general
 population based on 4,000 interviews. This includes grandparents, adults with no children, and those
 saying they are likely to have children in the near future. Data were weighted by gender, age, region, working
 status and ethnicity.
- Separately, we present results from interviews with **parents of children aged 0-5 based on 1,011 interviews.** This includes 331 parents of children aged 0-5 from the general population sample, and a boost of a further 680 interviews. Data were weighted by gender, age and ethnicity.
- As this is a sample of the population, all results are subject to a 'margin of error', which means small differences may not be statistically significant. Where results do not sum to 100%, this may be due to computer rounding, multiple responses, or the exclusion of "don't know" categories.
- Please note, for the purpose of this study, the 'early years' or 'early childhood' was defined within the survey as: "the period between the start of pregnancy and the age of 5".
- This is the second wave of the Annual Perceptions Survey. Where appropriate, we have shown differences
 compared to the 2022 survey which followed a similar methodology.

Background to research

The Centre for Early Childhood was established within The Royal Foundation in June 2021 to drive awareness and action on the extraordinary impact of early childhood. In support of this mission, The Centre commissioned Ipsos to conduct research into public perceptions and knowledge of the early years.

The research presented in this report builds upon a baseline understanding of the perceived importance of early childhood which The Royal Foundation and Ipsos established during an <u>initial wave of research conducted</u> in 2022.

We identified core trackers questions from that wave and repeated them this year to see how understanding has changed in the intervening period. Alongside these trackers, new questions were developed to explore key areas in more depth. This report is the second in a series being generated from the research.

During the period between these waves, the Royal Foundation launched their "Shaping Us" campaign, spearheaded by Her Royal Highness The Princess of Wales, which aims to raise awareness of the critical importance of early childhood in shaping the adults we become.







Key findings

1.

Beyond primary schools, public awareness of how key actors support early childhood is limited.

Around a third or fewer say they understand the role played by health visitors, midwives, informal activity groups or classes, school nurses or business and employers. This is lowest among non-parents.

Parents have a greater knowledge across all roles, as do women, younger people and ethnic minority groups. However, in each, sizeable proportions are still unsure.

2.

The majority (56%) of the public are unfamiliar with role played by Health Visitors.

They are most strongly associated with feeding support and health reviews, with lower awareness of aspects relating to mental health, relationships and child development.

This indicates a narrow understanding of what health visitors do, with a limited awareness of the breadth and complexity of their role.

While awareness of their role among parents of children 0-5 is greater, around two in five (39%) still say they only know just a little or nothing.

3.

Similarly, fewer than half (43%) are familiar with the role played by early education and childcare services.

These services are most commonly associated with offering a safe environment to play and learn, opportunities for children to socialise and childcare for working parents.

There is lower awareness of support for physical or social and emotional development, in comparison to communication, numeracy and reading.

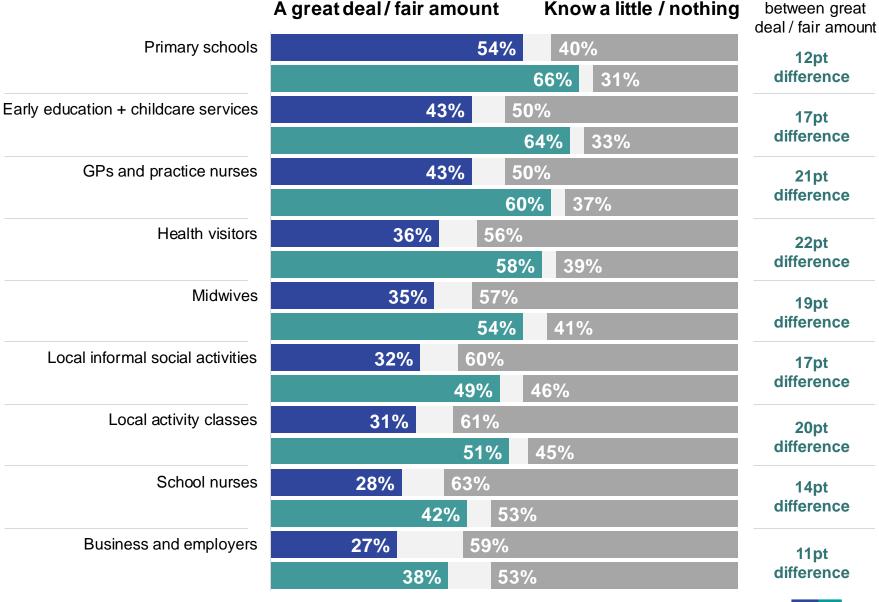


Beyond primary schools the public have limited awareness of how key actors support early childhood. Understanding is higher among parents 0-5, though sizeable proportions are still unsure.

How much, if anything, do you feel you know about the role each of the following play in supporting children, parents and carers during early childhood?

General public

Parents 0-5



Base: 4,000 UK adults aged 16+, surveyed in April – May 2023. Only significant differences are highlighted with text.



Difference

Knowledge of key actors is consistently higher among parents in general, and lowest among non-parents, particularly those aged 45+

| % Saying they know a great deal / fair amount | General Population | Parents of 0-5 year-olds | Parents of 0-18 year-olds | Parents of 18+ | Likely to have first child | No children aged 45+ | No children aged under 45 | Grand- parent of 0-5 year old | Grand- parent any |
|---|-----------------------|--------------------------|------------------------------|-------------------|----------------------------|-------------------------|---------------------------------|-------------------------------------|----------------------|
| Primary schools | 54% | 66% | 69% | 62% | 53% | 33% | 42% | 59% | 60% |
| Early education and childcare services | 43% | 64% | 63% | 51% | 36% | 20% | 30% | 49% | 49% |
| GPs and practice nurses | 43% | 60% | 59% | 50% | 39% | 26% | 31% | 46% | 49% |
| Health visitors | 36% | 58% | 56% | 45% | 28% | 16% | 20% | 39% | 42% |
| Midwives | 35% | 54% | 53% | 41% | 32% | 17% | 23% | 36% | 38% |
| Informal social activities | 32% | 49% | 50% | 40% | 26% | 15% | 20% | 34% | 35% |
| Local activity classes | 31% | 51% | 50% | 34% | 32% | 13% | 24% | 28% | 29% |
| School nurses | 28% | 42% | 46% | 33% | 28% | 13% | 20% | 27% | 28% |
| Business and employers | 27% | 38% | 43% | 30% | 23% | 15% | 19% | 22% | 24% |

Q: How much, if anything, do you feel you know about the role each of the following play in supporting children, parents and car ers during early childhood? Colour coding used to illustrate difference between the highest (dark green 69%) and the lowest (dark red 13%) figures between subgroups



Awareness of the impact different actors have also tends to be higher among women, younger people and ethnic minority groups.

| % Saying they know a great deal / fair amount | General Population | Males | Female | 16-34 year olds | 35-54 year olds | 55+ year olds | White groups | Ethnic minority groups | IMD1 (most deprived) | IMD5 (least deprived) |
|---|-----------------------|-------|--------|--------------------|--------------------|------------------|-----------------|------------------------------|-------------------------|-----------------------------|
| Primary schools | 54% | 50% | 58% | 51% | 56% | 54% | 55% | 55% | 52% | 57% |
| Early education and childcare services | 43% | 37% | 48% | 43% | 47% | 40% | 43% | 51% | 41% | 44% |
| GPs and practice nurses | 43% | 40% | 46% | 45% | 44% | 41% | 43% | 49% | 46% | 40% |
| Health visitors | 36% | 30% | 41% | 35% | 39% | 33% | 36% | 38% | 39% | 46% |
| Midwives | 35% | 31% | 38% | 37% | 36% | 31% | 34% | 40% | 33% | 33% |
| Informal social activities | 32% | 29% | 36% | 35% | 35% | 29% | 32% | 40% | 34% | 31% |
| Local activity classes | 31% | 29% | 33% | 38% | 34% | 23% | 30% | 38% | 34% | 28% |
| School nurses | 28% | 27% | 30% | 33% | 32% | 22% | 28% | 37% | 30% | 25% |
| Business and employers | 27% | 29% | 24% | 32% | 30% | 20% | 26% | 34% | 29% | 24% |

Q: How much, if anything, do you feel you know about the role each of the following play in supporting children, parents and carers during early childhood? Colour coding used to illustrate difference between the highest (dark green 58%) and the lowest (dark red 20%) figures between subgroups

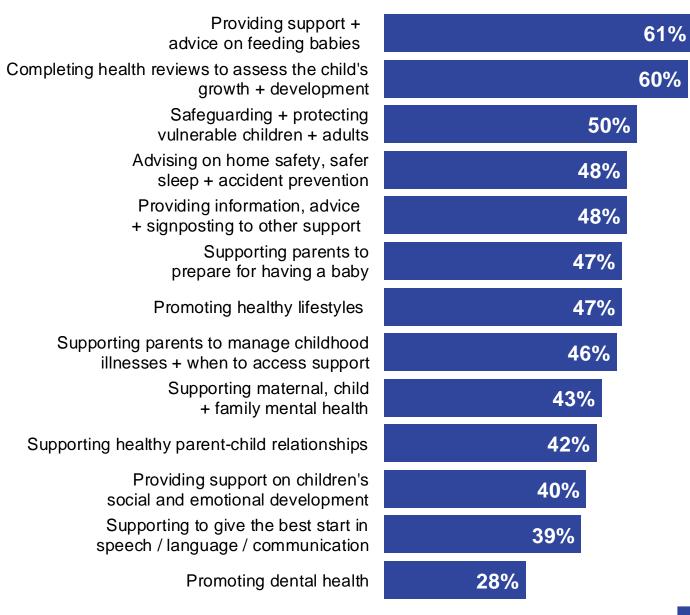


The majority of the public are unfamiliar with the role played by Health Visitors. Among those with some stated awareness, they are most strongly associated with feeding support and health reviews.

Health visitors are specialist nurses or midwives who support all families from pregnancy to starting school. They do home visits as well as providing support in the community and at health clinics.

Before this survey, which of the following aspects of their role, if any, were you already aware of?

All adults with some awareness of their role



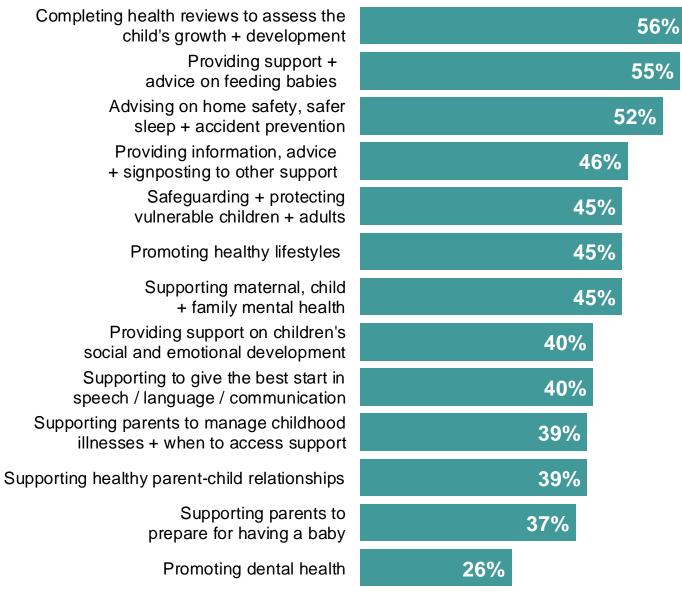


... and the same is true when looking at associations made by parents of those aged 0-5

Health visitors are specialist nurses or midwives who support all families from pregnancy to starting school. They do home visits as well as providing support in the community and at health clinics.

Before this survey, which of the following aspects of their role, if any, were you already aware of?

Parents 0-5 with some awareness of their role





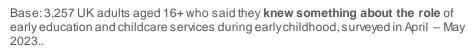
All adults with some awareness of their role

Providing a safe environment 64% for a child to play and learn Providing opportunities for children 59% to socialise with others their age Providing childcare 56% for working parents Developing children's 56% imagination and creativity Supporting the development of children's 56% communication and language skills Supporting the development of children's 54% counting and numeracy skills Supporting the development of children's reading 52% and comprehension skills Providing experiences that help children learn 51% about the world around them Supporting children's social 50% and emotional development 50% Safeguarding vulnerable children Helping children learn to look after their bodies / 49% manage personal needs independently Supporting children's physical development 49%

For Early Education and Childcare Services, the public are most familiar with their role in providing a safe environment, opportunities to socialise and providing childcare for working parents. Lower awareness of support with physical or social and emotional development compared to communication and numeracy.

Early education and childcare services include nurseries, preschools and childminders, who provide childhood. care for babies and children during early

Before this survey, which of the following aspects of their role, if any, were you already aware of?



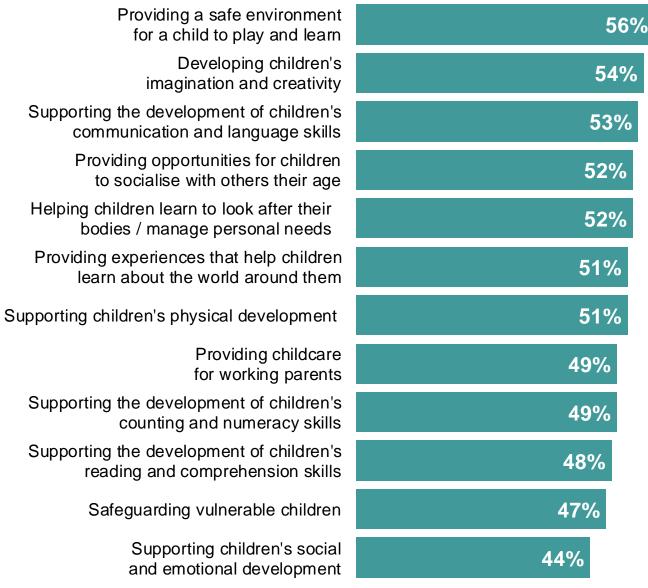


... with the understanding of their role being similar among parents of children aged 0-5.

Early education and childcare services include nurseries, preschools and childminders, who provide care for babies and children during early childhood.

Before this survey, which of the following aspects of their role, if any, were you already aware of?

Parents 0-5 with some awareness of their role



Base: 923 UK adults aged 16+ with who are parents of a child aged 0-5 and said they knew something about the role of early education and childcare services during early childhood, surveyed in April – May 2023.



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